

About The Author

Vaishali is part Stand-up Comic, part Spiritual Teacher and full time Soul Stripper. She attended San Francisco State University where she graduated Magna Cum Laude with degrees from both the Religion & Philosophy Department as well as the Radio & Television Department. Her entire life has been devoted to the learning and sharing of esoteric wisdom. She has been teaching and providing Self Emergence individual consultations, since the early nineties.

Vaishali has been enormously influenced by mystic Emanuel Swedenborg whose brilliant wisdom is the central core of her spiritual practice, and the remarkable Sir Oscar Wilde, which is where she says she gets her invincible sense of humor. "What life has taught me," Vaishali will tell you, "is if you can't beat em' laugh at em'."

Vaishali has survived a life fraught with every possible personal challenge available to a human experience: the violent death of a loved one, lying cheating significant others, a messy and painful divorce, financial devastation due to life threatening illness and injuries complete with years of physical agony. These experiences have shaped her book *You Are What You Love* with honest heartfelt and deeply insightful knowledge on how to understand the purpose behind human life on Earth.

Vaishali has worn only the color purple - exclusively, for over a decade, as her Spiritual uniform of choice. She currently resides in Florida and continues with her life purpose of Spiritual teaching and consulting as well as is working on her next book.



